

**Maharashtra University of Health Sciences, Nashik**  
**Inspection Committee Report for Academic Year 2026-2027**  
**Webinar/Workshop/CME/Activities/ Performed in Last One Year.**  
**All reports must be available on web site**

**Name of the College /Institute: -Raigad Institute of Nursing Education Murud Raigad**  
**Faculty-Nursing**


**No. of Webinars Arranged, Guest Lectures & CME/ Workshops (Publish details on college website)**

Sr No	Details of Webinar/ Workshop/CME/ Activities/ Perform Supportive document to be uploaded on web site
01	MUHS Foundation Day
	YOGA Day Celebration
	Guest Lecture on MUHS Online Clinical Psychology
	Breast Feeding Celebration
	Guest lecture on Stress Management
	World Health Day Celebration
	Freshers Party Event
	Health Camp organized collaboration with AYUSH Hospital Nandgaon
	Swachh Bharat Abhiyan Celebration
	Savitribai Phule Jayanti Celebration
	Mental Health Day
	Lamp Lighting Ceremony
	Independence Day Celebration
	Vande Mataram 150 <sup>th</sup> Foundation Day
	Indian Constitution Day Celebration
	World Aids Day Awareness Rally
	Republic Day Celebration
	Organized CPD Programme collaboration with MNC Mumbai
	MUHS LIC workshop

**Here by I declare all relevant document uploaded are clear and visible on web site & are true as per my knowledge & Belief**

**Any Other, Please Specify: -**

**Date: -05/02/2026**

  
**Principal**  
**Dean/Principal**  
**Raigad Institute Of Nursing Education**  
**At. Walvati, Tal. Murud-Janjira.**

RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA'S  
RAIGAD INSTITUTE OF NURSING EDUCATION MURUD RAIGAD.

MUHS FOUNDATION DAY CELEBRATION REPORT.

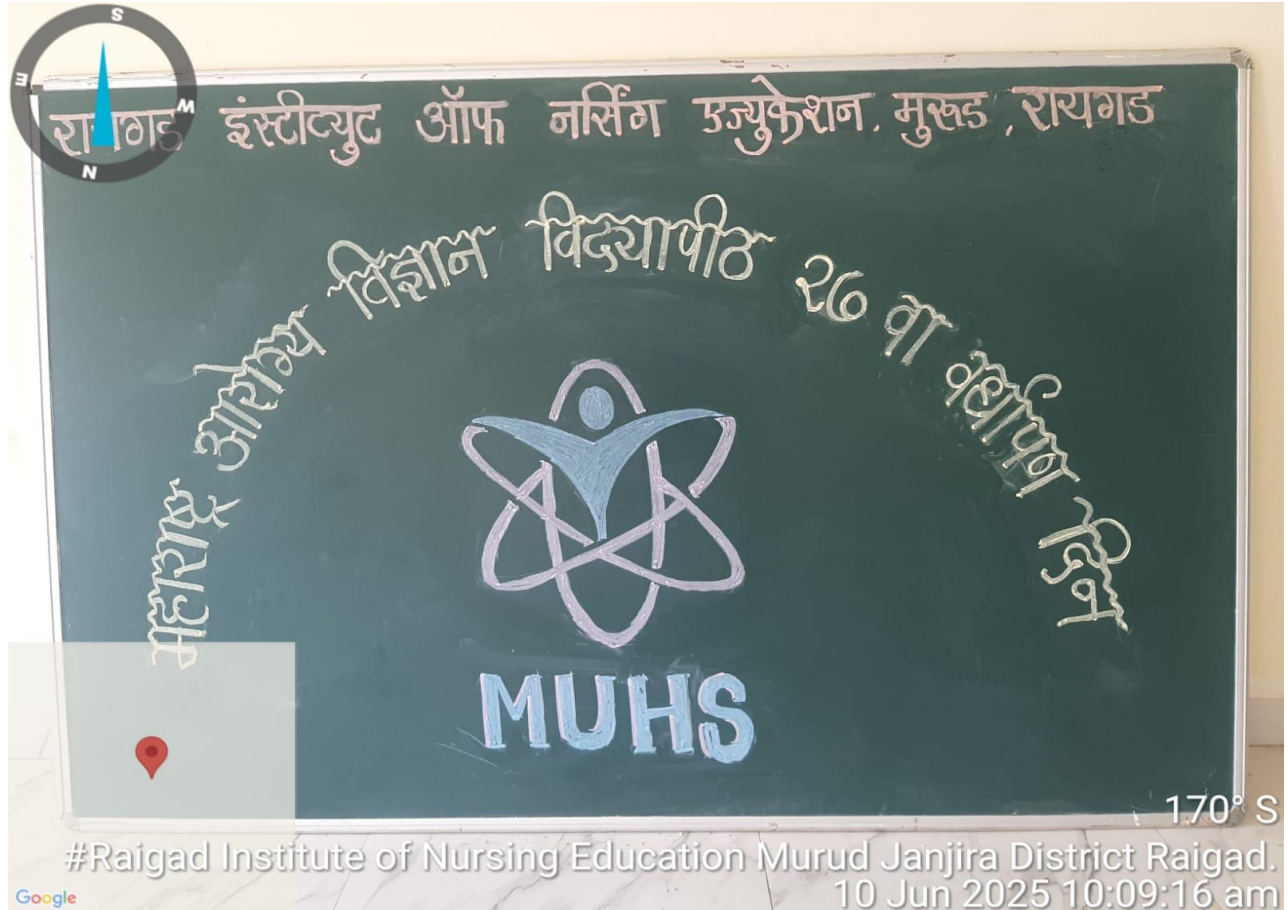
Raigad Institute of Nursing Education, Murud-Janjira, Raigad, celebrated the MUHS Foundation Day on 10/06/2025 with great enthusiasm and active participation from students, faculty, and staff members.

The program began with a formal inaugural session which included lighting of the lamp and offering tribute to the founders of Maharashtra University of Health Sciences (MUHS). The principal of the institute addressed the gathering, highlighting the vision, mission, and contributions of MUHS in strengthening medical and nursing education across Maharashtra.

On this occasion, various cultural activities, speeches, and competitions were organized by the students to mark the significance of the day. A special seminar was conducted on the role of MUHS in promoting academic excellence, research, and professional growth in the field of health sciences.

Faculty members also shared their experiences and emphasized the importance of MUHS in guiding nursing education and maintaining high academic standards. The celebration created a sense of pride among the students and inspired them to contribute effectively in the healthcare sector.

The program concluded with a vote of thanks, followed by the National Anthem. The event was successful in instilling values of dedication, service, and professional excellence among the students.













187° S

#Raigad Institute of Nursing Education Murud Janjira District Raigad.  
10 Jun 2025 11:16:05 am



167° S

#Raigad Institute of Nursing Education Murud Janjira District Raigad.  
10 Jun 2025 11:16:55 am

RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA'S  
RAIGAD INSTITUTE OF NURSING EDUCATION MURUD RAIGAD

INTERNATIONAL YOGA DAY REPORT.

Raigad Institute of Nursing Education, Murud-Janjira, Raigad organized International Yoga Day on 21st June 2025 in the institute premises with great enthusiasm and active participation of students and staff.

The program began with a short inaugural ceremony and introduction about the importance of Yoga in maintaining physical, mental and spiritual well-being. The principal addressed the gathering and emphasized the need to include Yoga in daily routine for a healthy lifestyle.

A professional Yoga instructor guided the session and demonstrated various asanas, pranayama and meditation techniques. Students, faculty members and non-teaching staff actively participated in performing different yoga postures. The session highlighted the role of Yoga in stress management, improving concentration and boosting immunity.

The event concluded with a vote of thanks, expressing gratitude towards the organizers, faculty members, Yoga instructor and participants. Overall, the celebration of International Yoga Day created awareness among students and staff about the importance of Yoga and inspired everyone to adopt it as a part of their daily life.











## Adhi, Maharashtra, India

Cw2c+5c5, Adhi, Maharashtra 402401, India

Lat 18.399959° Long 72.921746°

21/06/2025 09:34 AM GMT +05:30



## Adhi, Maharashtra, India

Cw2c+5c5, Adhi, Maharashtra 402401, India

Lat 18.39992° Long 72.921702°

21/06/2025 09:19 AM GMT +05:30





**Report on MUHS Clinical Psychology Session.**

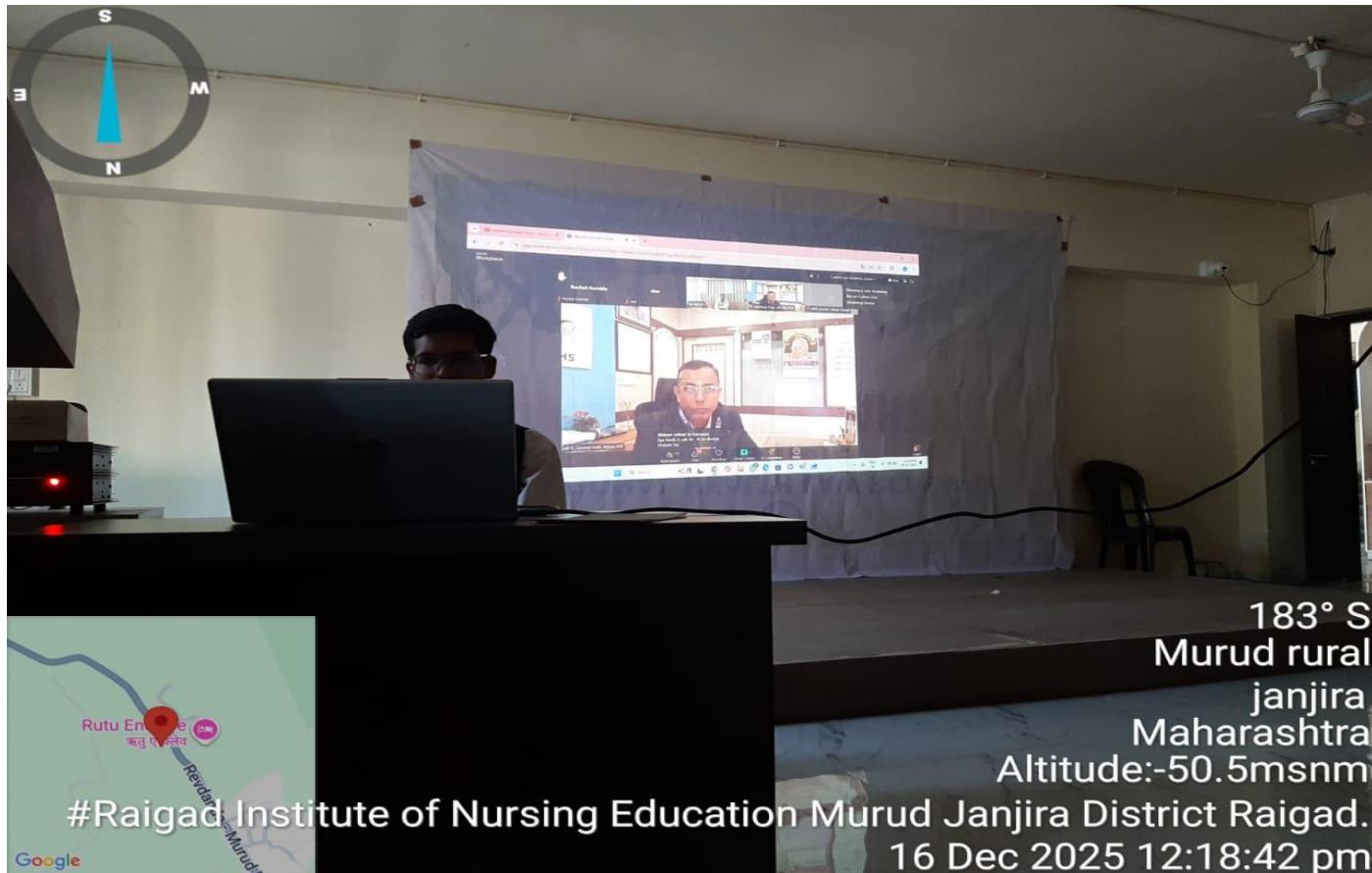
***“Mastering Exams and Stress Management During Examination”***

Raigad Institute of Nursing Education, Murud, attended a session on **“Mastering Exams and Stress Management During Examination”** organized by **Maharashtra University of Health Sciences (MUHS)** under the **Department of Clinical Psychology**.

The programme aimed to help students understand examination-related stress, its causes, and effective strategies to manage stress during examinations. The resource persons explained various psychological techniques such as time management, effective study methods, relaxation techniques, positive thinking, and coping skills to reduce anxiety and improve academic performance.

The session was highly interactive and informative. Students actively participated and clarified their doubts regarding exam fear, concentration problems, and stress control methods. Practical tips and real-life examples were shared, which helped students gain confidence in handling examinations in a healthy manner.

The programme was very beneficial for nursing students, as it enhanced their mental well-being, boosted self-confidence, and guided them to face examinations calmly and effectively. Raigad Institute of Nursing Education sincerely appreciates MUHS for organizing such an insightful and student-friendly programme.







## **Report on Breastfeeding Awareness Week Poster Competition at Hospitals. ON 7/08/2025**

As part of **Breastfeeding Awareness Week**, Raigad Institute of Nursing Education Murud Raigad was organized Poster Presentation across participating hospitals to promote awareness and educate patients, staff, and students about the importance of breastfeeding. The initiative aimed to encourage creative expression while spreading scientific and evidence-based information about breastfeeding practices.

### **Objectives of the Poster Competition**

- To promote the significance of exclusive breastfeeding among mothers and families.
- To engage nursing and medical students in creative health education activities.
- To enhance understanding of breastfeeding techniques, benefits, and common challenges.
- To spread awareness within hospital premises through visual learning tools.

### **Participants**

Nursing students, and hospital staff actively took part in the competition. Each participant prepared informative and visually appealing posters on various breastfeeding topics.

### **Themes Covered in Posters**

- Benefits of exclusive breastfeeding
- Importance of colostrum (first milk)
- Correct breastfeeding positions and latching
- Nutritional value of breast milk
- Common breastfeeding problems and solutions
- Role of nurses in supporting breastfeeding mothers

### **Event Execution**

The posters were displayed in hospital waiting areas, OPD corridors, paediatric wards, and antenatal clinics to ensure maximum visibility for patients and visitors. Faculty members, paediatricians, and nursing supervisors evaluated the posters based on:

- Accuracy of information
- Creativity and design
- Clarity of message
- Relevance to the week's theme

### **Outcome**

The poster competition was well-received by both staff and the public. It enhanced awareness among hospital visitors and strengthened the students' understanding of breastfeeding concepts. The visually engaging posters also served as an effective educational tool for mothers attending OPD and ANC clinics.

### **Conclusion**

The Breastfeeding Awareness Week Poster Competition at hospitals was a successful initiative that promoted community education through creativity. Such activities significantly contribute to maternal and child health promotion and encourage continued participation in future awareness programs.











## Report on Guest Lecture on Stress Management.

Raigad Institute of Nursing Education, Murud organised a guest lecture on “**Stress Management**” with the aim of promoting mental health and emotional well-being among nursing students. The session was conducted by an experienced resource person from **Manashakti Kendra, Lonavala**, a renowned institution working in the field of stress management, mental health, and personality development.

### Objectives of the Lecture

- To create awareness about stress and its effects on physical and mental health
- To identify common causes of stress among nursing students
- To provide effective techniques for managing stress
- To encourage positive thinking and a balanced lifestyle

Various stress management techniques such as deep breathing exercises, relaxation techniques, positive thinking, and time management were discussed. Simple practical exercises were demonstrated, and students actively participated in the session.

### Interactive Session

An interactive question-and-answer session was conducted, during which students expressed their concerns related to examination stress, anxiety, and concentration difficulties. The resource person addressed these concerns and provided practical guidance and motivational support.

### Outcome

- Improved awareness about stress and mental health
- Students learned practical stress management techniques
- Increased confidence among students to handle stress
- Positive feedback received from participants

### Conclusion

The guest lecture on stress management was informative and beneficial. It helped students understand the importance of maintaining mental well-being in both academic and professional life. The programme concluded with a vote of thanks to the resource person from **ManaShakti Kendra, Lonavala**.





RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA'S  
RAIGAD INSTITUTE OF NURSING EDUCATION MURUD RAIGAD.

**HEALTH DAY CELEBRATION REPORT.**

The Raigad Institute of Nursing Education, Murud Janjira, Raigad celebrated World Health Day on 07/04/2025 with theme of Healthy Beginnings, Hopeful Futures with great enthusiasm and awareness-building activities on the campus. The event was organized under the guidance of the principal and faculty members, with active participation from all the nursing students.

The program commenced with a welcome speech highlighting the importance of World Health Day and this year's theme, emphasizing preventive healthcare and healthy lifestyle practices. Various activities were conducted including:

Health Awareness Rally in the Nandgaon local community to spread messages on health promotion and disease prevention.

Poster Presentation and Slogan Competition by nursing students to creatively express health messages.

The students took an active role in educating the community about personal hygiene, balanced diet, importance of exercise, and prevention of lifestyle diseases. The event created awareness among students and the local community about the value of health in daily life.

The program concluded with a vote of thanks, appreciating the efforts of the staff, students, and community members who contributed to the success of the event.



RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA'S  
RAIGAD INSTITUTE OF NURSING EDUCATION MURUD RAIGAD.

## FRESHERS PARTY CELEBRATION

Raigad Institute of Nursing Education organized a Freshers' Party to warmly welcome the newly admitted students. The program was conducted in a joyful and enthusiastic atmosphere with active participation from senior students and faculty members.

The event began with a welcome address, followed by various cultural programs such as dance, singing, and fun games organized by senior students. These activities helped the freshers feel comfortable and promoted interaction, confidence, and bonding among students. Faculty members encouraged the students and motivated them to maintain discipline, dedication, and excellence in their nursing education.

Special appreciation was given to the organizing committee for the successful planning and smooth conduct of the program. Refreshments were arranged for all participants, adding to the cheerful mood of the celebration.

The Freshers' Party concluded on a positive note, leaving the new students with pleasant memories and a sense of belonging to the Raigad Institute of Nursing Education family.













**RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA'S  
RAIGAD INSTITUTE OF NURSING EDUCATION MURUD.**

**FREE HEALTH CAMP REPORT.**

Raigad Institute of Nursing Education Murud Janjira Raigad successfully organized a Free Health Camp on 31/08/2025 along with collaboration of Altus Good Health Private Limited's Ayush Hospital at Nandgaon. The camp aimed at providing quality healthcare services to the underprivileged sections of society and raising awareness about preventive health practices.

A team of expert doctors, nurses, and paramedical staff from Ayush Hospital actively participated in the camp. Free consultations, health check-ups, blood pressure monitoring, blood sugar testing, and basic laboratory investigations were conducted. Patients were also given free medicines.

More than 125 people from surrounding villages and urban areas benefited from this initiative. Special focus was given to general health, women's health, and lifestyle-related diseases. Awareness sessions on healthy living, nutrition, and prevention of communicable diseases were also conducted.

Speaking on the occasion, Dr. Nootan Ramling Mali said, "Our aim is to reach out to the needy and ensure that no one is deprived of medical care due to financial constraints. Ayush Hospital will continue to organize such camps in the future."

The camp received overwhelming response and appreciation from the community. The hospital management extended gratitude to the organizing team, local authorities, and volunteers for their support in making the event a success.

  
महाराष्ट्र शासन  
मुख्यमंत्री सचिवालय  
मुख्यमंत्री सहाय्यता निधी तथा धर्मादाय रुग्णालय मदत कक्ष  
सार्वजनिक गणेशोत्सव मंडळ  
यांच्या समन्वयाने

  
मा. श्री. नरेंद्र मोदी  
(पंतप्रधान)

  
मा. श्री. देवेंद्र फडणवीस  
(मुख्यमंत्री, महाराष्ट्र राज्य)

  
**श्रीगणेश आरोग्याचा**  
**आरोग्य अभियान-२०२५**  
दि. ३१ ऑगस्ट २०२५, वार: रविवार, वेळ: स. १०:०० ते दु. ४:००  
-: उद्घाटन सोहळा :-  
**शुभहस्ते: डॉ. भारत शिवशरण**  
(मधुमेह तज्ञ, हृदयरोग तज्ञ व जनरल फीजिशियन )

विनामूल्य

तज्ञ डॉक्टरांकडून स्तब्दाब, मधुमेह, अशक्तपणा व संधिवात या आजारांचे रोग निदान  
गरजेनुसार रक्त व लघवी चाचणी आणि ई. सी. जी. तपासणी

  
AYUSH HOSPITAL  
RAIGAD

**-: आयोजक :-**  
**आयुष हॉस्पिटल नांदगाव**  
ता. मुरुड-जंजिरा, जि. रायगड

  
ALTUS GOOD HEALTH PRIVATE LIMITED  
RAIGAD

Health Camp Inauguration by Dr. Bharat Shivasharan Cardiologist







Lamp Lightening by Dr. Pandurang Mali.



## Inauguration Speech by Dr. Nootan Ramling Mali







Lab Investigations



Health Assessment



Doctor Consultation







## Health Education





**RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA'S  
RAIGAD INSTITUTE OF NURSING EDUCATION MURUD.**

**Raigad Institute of Nursing Education, Murud Conducted Dental Health Camp in  
Collaboration with Ayush Hospital, Nandgaon**

Raigad Institute of Nursing Education, Murud successfully organized a **Dental Health Camp** in collaboration with **Ayush Hospital, Nandgaon**, aimed at promoting oral hygiene awareness and providing free dental check-ups to the local community. The camp received an enthusiastic response from residents, students, and parents.

The event was conducted under the guidance of Dr. Sneha Phase and Dr. Abhijit Phase and the dental team from Ayush Hospital. A team of dental surgeons, medical officers, nursing staff, and nursing students actively participated in conducting oral examinations, gum health assessment, and screening for dental caries and other dental issues.

During the camp, participants were educated on correct brushing techniques, the importance of maintaining oral hygiene, avoiding excessive sugary foods, and the harmful effects of tobacco use. Free toothbrushes, toothpaste, and awareness leaflets were also distributed to encourage healthy dental habits.

The dental team identified several common problems such as cavities, gum inflammation, and staining, and provided necessary referrals to Ayush Hospital for further treatment.

Speaking about the initiative, the organizers shared that such camps help bridge the gap between healthcare providers and the community, ensuring early detection and prevention of oral health issues. They also emphasized the importance of regular dental check-ups and oral hygiene for overall well-being.

The staff, students, and volunteers of Raigad Institute of Nursing Education, along with the Ayush Hospital team, played a crucial role in making the camp successful. Community members expressed gratitude for the efforts taken and requested more such health camps in the future.







**RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA'S**  
**RAIGAD INSTITUTE OF NURSING EDUCATION MURUD.**

**Raigad Institute of Nursing Education, Murud Organises Midwifery Check-Up Health Camp in Collaboration with Ayush Hospital, Nandgaon**

Raigad Institute of Nursing Education, Murud successfully organised a **Midwifery Check-Up Health Camp** in collaboration with **Ayush Hospital, Nandgaon** on **28/09/2025**. The camp aimed to promote maternal health, early detection of complications, and provide essential counselling services to pregnant women in the community.

The programme was inaugurated by the faculty members of the institute along with the medical team from Ayush Hospital. A team of **obstetricians, midwives, nursing educators, and intern nursing students** actively participated in conducting the camp.

During the camp, pregnant women received services such as:

- Antenatal assessment
- Blood pressure and haemoglobin check
- Nutritional counselling
- Foetal growth monitoring
- Guidance on danger signs in pregnancy
- Health education on birth preparedness and complication readiness

More than **50** beneficiaries attended the camp and appreciated the initiative. The collaborative effort ensured the community received quality maternal care and counselling at their doorstep.

The management of Raigad Institute of Nursing Education expressed gratitude to **Ayush Hospital, Nandgaon** for their continuous support in improving community health and strengthening maternal welfare programmes.



**RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA'S  
RAIGAD INSTITUTE OF NURSING EDUCATION MURUD.**

**Raigad Institute of Nursing Education, Murud Conducts Eye Check-Up Health Camp  
in Collaboration with Ayush Hospital, Nandgaon**

Raigad Institute of Nursing Education, Murud, in association with Ayush Hospital, Nandgaon, successfully conducted an **Eye Check-Up Health Camp** to provide free vision screening and promote awareness about eye care among the community. The camp witnessed active participation from students, residents, and elderly individuals who benefited from the expert services provided.

A team of ophthalmology specialists and eye care technicians from Ayush Hospital, along with faculty members, nursing staff, and nursing students from the institute, carried out detailed eye assessments. The services offered included vision testing, refraction check, screening for cataract, glaucoma, conjunctivitis, squint, and general eye health evaluation.

Participants were guided on essential eye care practices, including proper hygiene, prevention of infections, reducing strain caused by excessive screen time, and the importance of regular eye examinations. The team also provided educational tips on maintaining good vision through healthy diet and protective measures.

During the camp, cases of refractive errors, early cataracts, redness, dry eyes, and allergic conditions were identified. Individuals requiring further diagnosis or treatment were referred to Ayush Hospital for advanced ophthalmic services.

The organizers stated that the Eye Check-Up Camp served as an important initiative to raise awareness about eye health and ensure early detection of vision-related problems. The combined efforts of the nursing students, faculty, and ophthalmology team contributed to the smooth and successful execution of the event.

Community members appreciated the dedicated services offered and expressed hope that more such health camps would be organized regularly for the benefit of the local population.





**RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA'S  
RAIGAD INSTITUTE OF NURSING EDUCATION MURUD.**

**Raigad Institute of Nursing Education, Murud Conducts Orthopaedic Health  
Camp in Collaboration with Ayush Hospital, Nandgaon**

Raigad Institute of Nursing Education, Murud, in association with Ayush Hospital, Nandgaon, successfully conducted an **Orthopaedic Health Camp** aimed at assessing bone and joint health and providing specialized orthopaedic consultations to the community. The initiative received a positive response from villagers, students, and elderly individuals seeking expert medical guidance.

A dedicated team consisting of orthopaedic specialists from Ayush Hospital, medical officers, nursing staff, and nursing students carried out the camp activities. The services included free orthopaedic consultations, assessment of joint pain, back pain evaluation, posture examination, fracture risk assessment, and guidance on musculoskeletal health.

Participants were screened for common orthopaedic issues such as arthritis, osteoporosis, joint stiffness, sprains, and postural deformities. Basic physiotherapy advice, exercise demonstrations, and preventive guidance were also provided. Those requiring further medical or surgical intervention were referred to Ayush Hospital for comprehensive treatment.

During the awareness session conducted by the team, participants were educated on maintaining bone health, adopting safe lifting techniques, the importance of regular exercise, balanced diet rich in calcium and vitamin D, and fall prevention strategies for elderly individuals.

The organizers expressed that the camp played a vital role in facilitating early diagnosis and improving musculoskeletal health awareness in the community. The collaborative efforts of the nursing students and the orthopaedic professionals contributed significantly to the smooth execution of the event.

Community members appreciated the initiative and requested that similar specialist health camps be organized regularly to support health needs at the grassroots level.

RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA  
RAIGAD INSTITUTE OF NURSING EDUCATION MURUD RAIGAD

**SWACHH BHARAT ABHIYAN REPORT**

Raigad Institute of Nursing Education, Murud organized **Swachh Bharat Abhiyan** on **02/10/2025** with the aim of promoting cleanliness, hygiene, and community responsibility among nursing students. The activity was conducted as part of the institute's efforts to support the national mission initiated by the Government of India to create a cleaner and healthier environment.

The program began with a briefing by the Principal and faculty members, who highlighted the importance of cleanliness in personal life, healthcare settings, and the community. Students were encouraged to adopt cleanliness as a daily habit and understand their role as future healthcare professionals in spreading hygiene awareness.

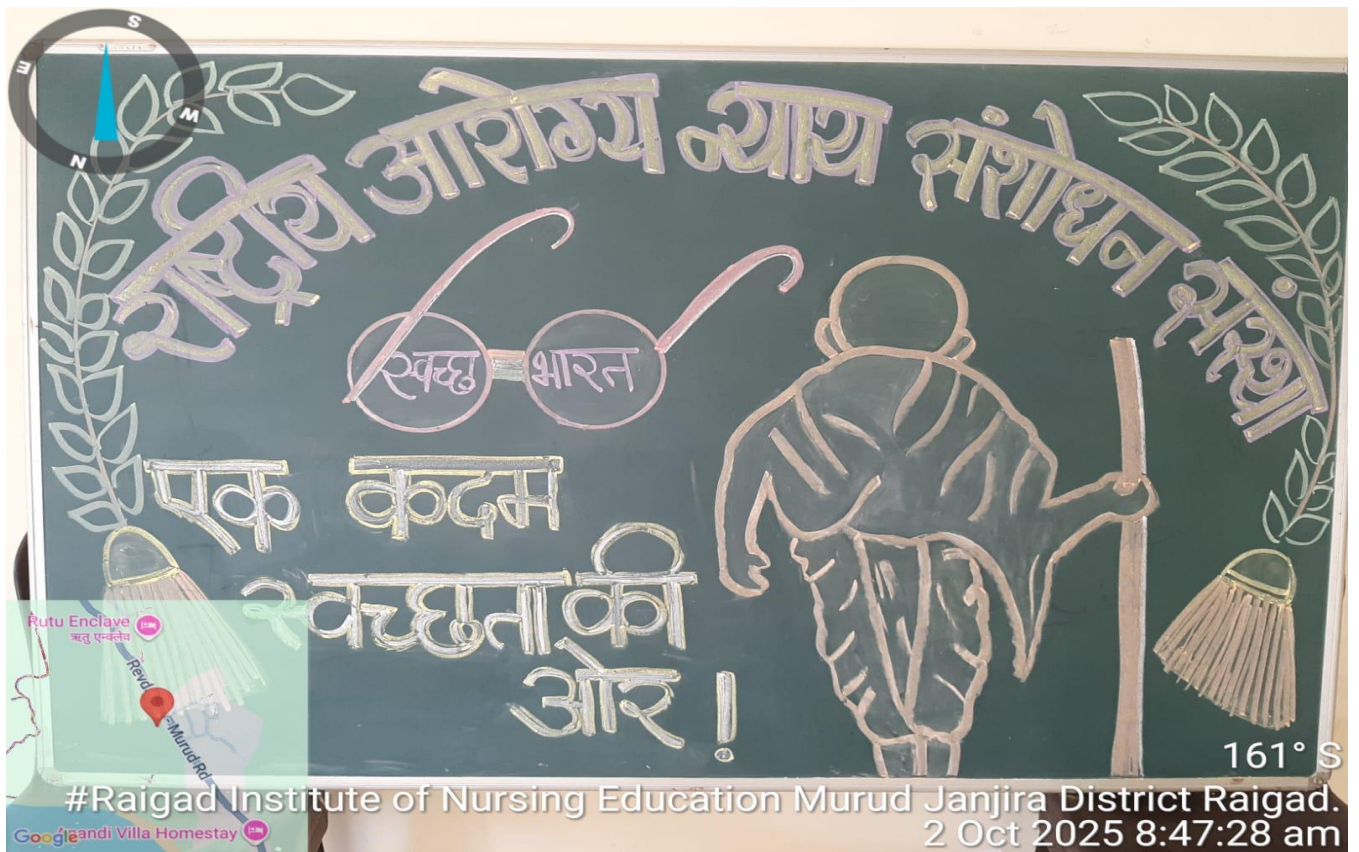
As part of the Swachh Bharat Abhiyan activity, students actively participated in a **campus cleaning drive**, which included sweeping classrooms, corridors, and outdoor premises, collecting waste, segregating biodegradable and non-biodegradable materials, and promoting plastic-free zones. The team also cleaned nearby public areas around the institute to spread the message of environmental responsibility.

Faculty members guided the students throughout the activity, ensuring proper safety measures and effective teamwork. Students also participated in an interactive session discussing the importance of sanitation, hand hygiene, and proper waste disposal in preventing diseases.

The participation and enthusiasm of the students made the Swachh Bharat Abhiyan event highly impactful. It not only motivated students to maintain cleanliness but also instilled a sense of social responsibility and community service.

Overall, the Swachh Bharat Abhiyan celebration at **Raigad Institute of Nursing Education, Murud** was successful and meaningful, spreading the message of cleanliness and inspiring students to continue contributing to a cleaner environment.















## Report on Celebration of Savitribai Phule Jayanti

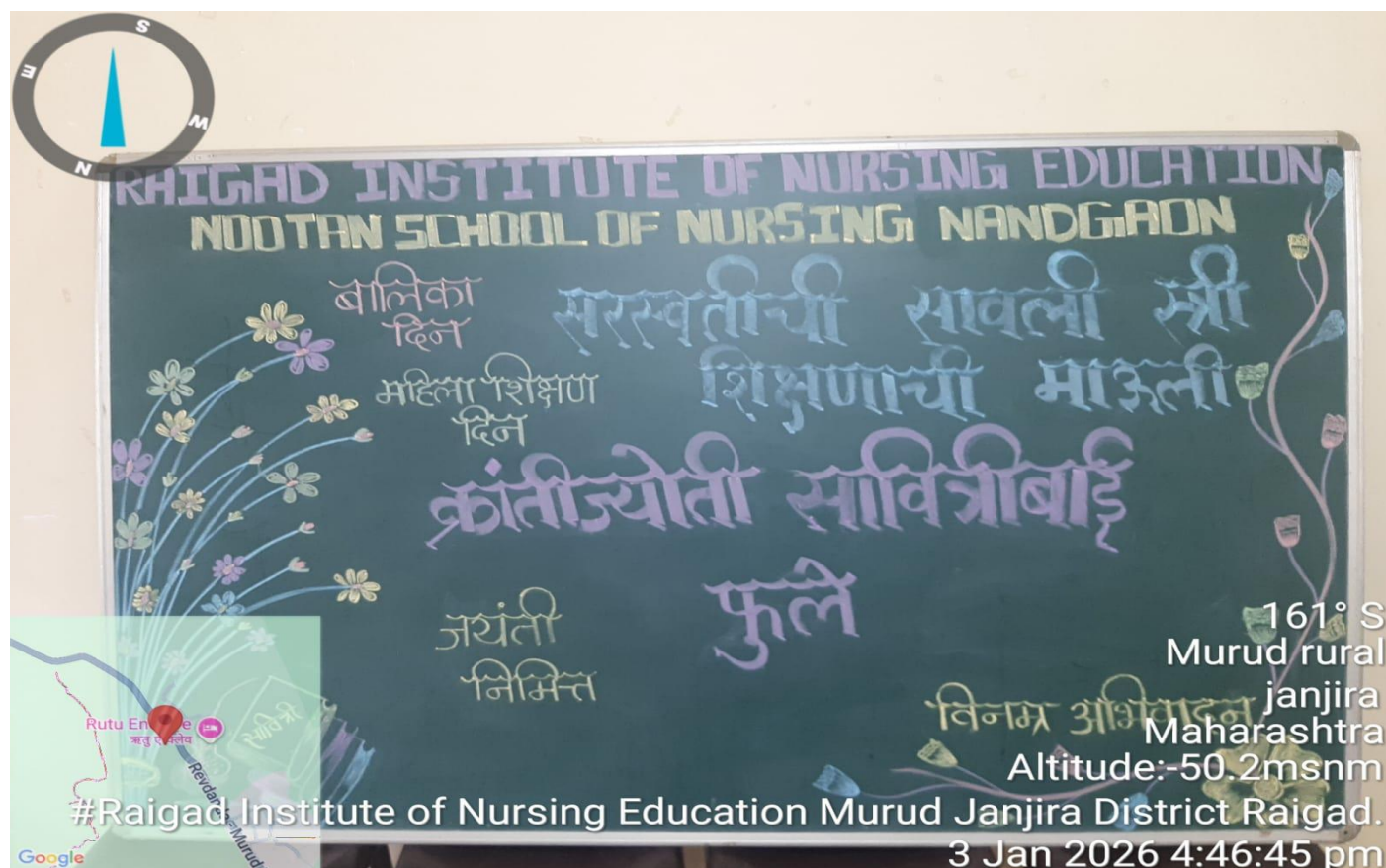
Raigad Institute of Nursing Education, Murud, celebrated Savitribai Phule Jayanti with great respect and enthusiasm on 3rd January 2026 within the college campus. The program was organized to commemorate the birth anniversary of Kranti Jyoti Savitribai Phule, India's first woman teacher and a pioneer of women's education and social reform.

The program began with the garlanding of the portrait of Savitribai Phule, followed by a brief introduction highlighting her invaluable contribution towards women's education, social equality, and empowerment. Faculty members addressed the students and emphasized the relevance of Savitribai Phule's thoughts and struggles in present-day society, especially in the field of education and healthcare.

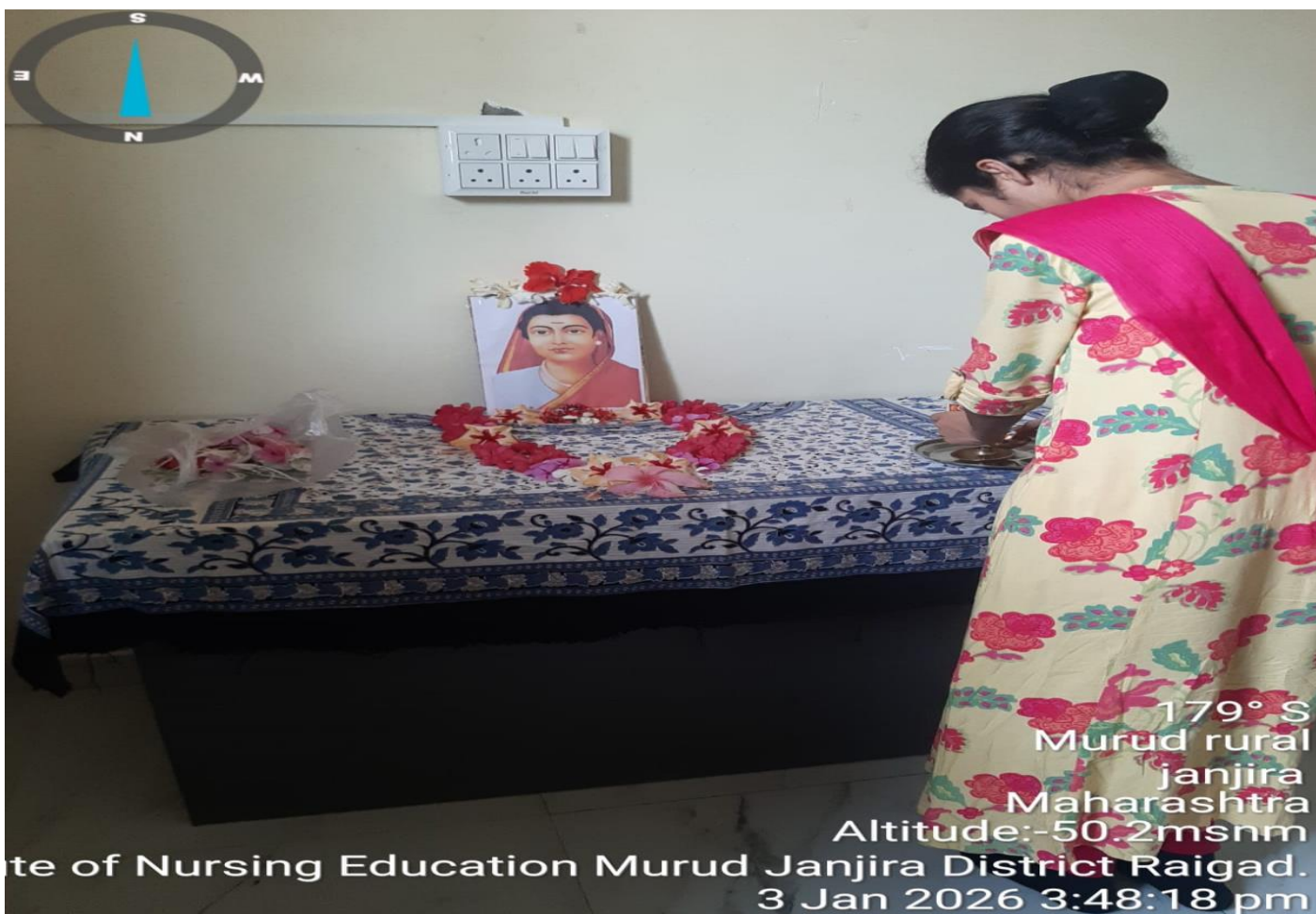
Students actively participated by delivering speeches, sharing inspirational thoughts, and discussing the role of Savitribai Phule in promoting education among girls and marginalized communities. The program created awareness among nursing students about social responsibility, gender equality, and the importance of education in nation-building.

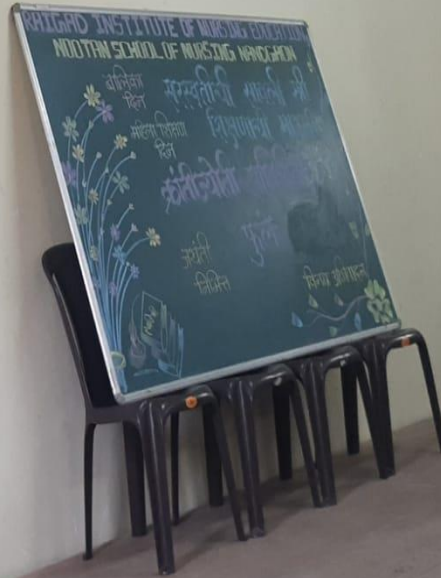
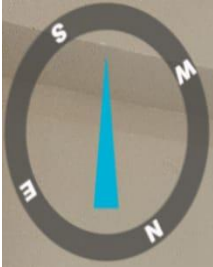
All teaching and non-teaching staff along with students were present for the program. The celebration concluded with a vote of thanks, expressing gratitude to the management, faculty, and students for their active participation and cooperation.

The celebration of Savitribai Phule Jayanti was meaningful and inspiring, reinforcing the institute's commitment to social values, education, and women empowerment.









211° SW  
Murud rural  
janjira  
Maharashtra  
Altitude:-50.2msnm

#Raigad Institute of Nursing Education Murud Janjira District Raigad.  
3 Jan 2026 4:17:37 pm



## WORLD MENTAL HEALTH DAY REPORT

Raigad Institute of Nursing Education, Murud celebrated *World Mental Health Day* on **10th October 2025** with the objective of promoting mental health awareness and encouraging emotional well-being among nursing students. The celebration was organized by the Department of Mental Health Nursing under the guidance of the principal and senior faculty members. The theme for this year's program was **"Mental Health is a Universal Human Right,"** highlighting the need to make mental health support accessible to all individuals.

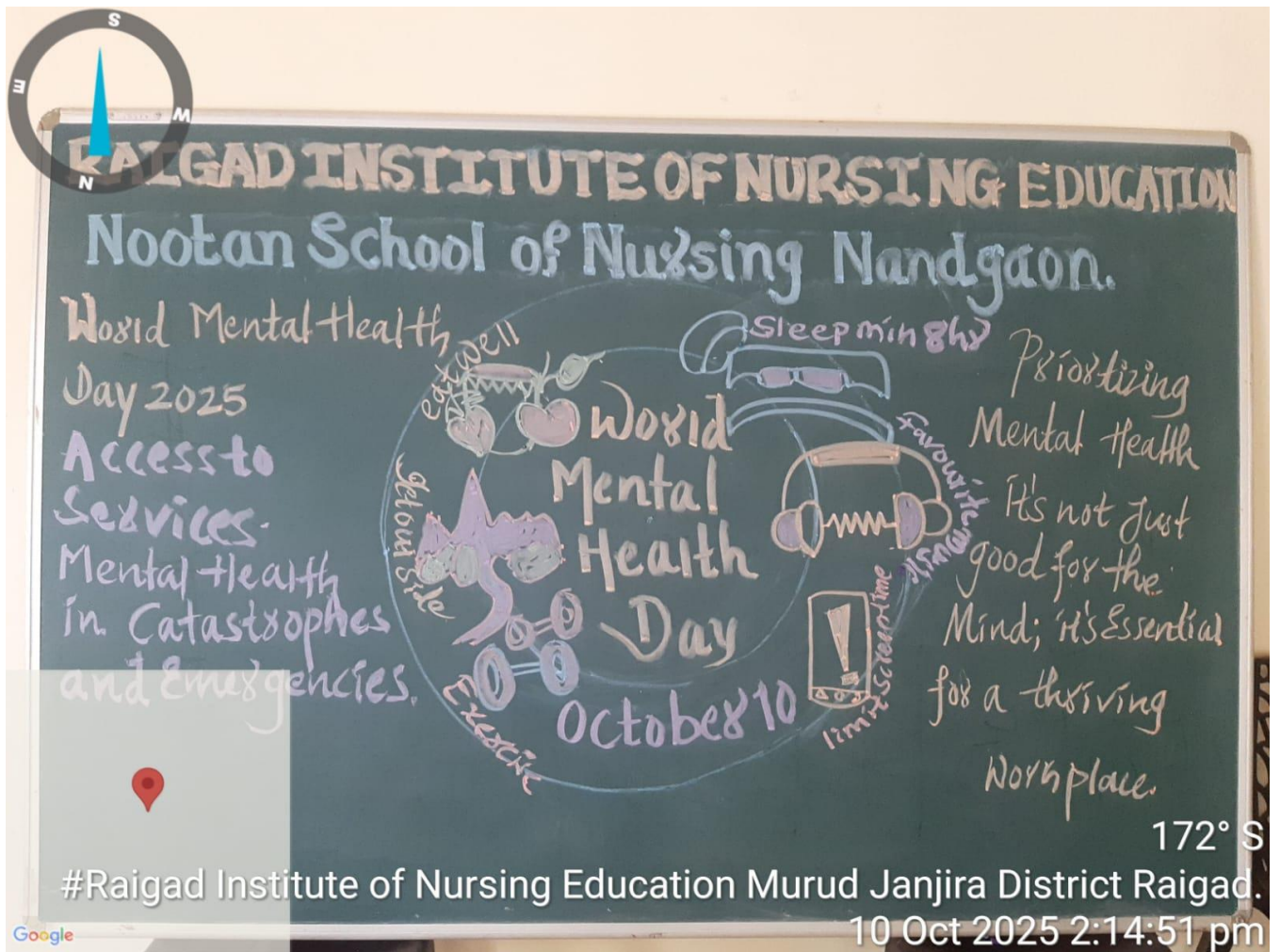
The program began with an inaugural ceremony, where the Principal addressed the students and emphasized the importance of mental health in the nursing profession. He highlighted how nurses must maintain their own emotional resilience while providing compassionate care to patients. The lamp-lighting symbolized mental strength, positivity, and hope for a healthier society.

A special awareness session was conducted by the Mental Health Nursing faculty, who delivered an informative lecture on topics such as early identification of mental health issues, stress and anxiety management, the role of self-care, and breaking the stigma surrounding mental illness. The resource person encouraged students to openly discuss their emotional challenges and seek help when needed. The session was interactive, allowing students to share their experiences, ask questions, and gain clarity on important mental health concepts.

Various activities were organized to actively involve the students and enhance their understanding. A **Skit/Role Play** was performed by students, depicting real-life scenarios related to mental health struggles and the importance of emotional support and timely intervention. A **Yoga and Meditation Session** was also arranged to introduce students to simple relaxation techniques that help reduce stress and improve concentration.

The participation of students was enthusiastic, with a large number taking part in competitions, awareness sessions, and group activities. The event created a supportive and encouraging atmosphere, promoting open communication about mental health and strengthening mutual understanding among students.

Overall, the celebration of World Mental Health Day at Raigad Institute of Nursing Education, Murud was highly successful and impactful. It helped increase awareness, reduce stigma, and motivate students to adopt healthier coping strategies. The institute expressed gratitude to all faculty members, organizers, and students for their dedicated efforts in making the event meaningful and enriching.





RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA'S  
RAIGAD INSTITUTE OF NURSING EDUCATION MURUD RAIGAD.

LAMP LIGHTENING CEREMONY REPORT.

Raigad Institute of Nursing Education, Murud-Janjira, Raigad, organized a solemn and graceful Lamp Lighting Ceremony to mark the induction of the new batch of nursing students. The event was held with great enthusiasm and reverence in the presence of faculty members, students, and distinguished guests.

The program began with a warm welcome address followed by the traditional lighting of the lamp, symbolizing knowledge, wisdom, and compassion in the noble profession of nursing. The students took the Florence Nightingale pledge, affirming their commitment to serve humanity with dedication, empathy, and professional integrity.

On this occasion, the principal of the institute Dr. Nootan Mali highlighted the significance of the ceremony and motivated the students to uphold the values of nursing while delivering quality patient care. Guest speakers Dr. Vaishali Jadhav and Chief Guest Dr. Sawani Yarnalkar shared their experiences and emphasized the role of nurses in strengthening the healthcare system.

The ceremony concluded with a vote of thanks, expressing gratitude to all dignitaries, faculty, staff, and students for their wholehearted participation. The event not only inspired the budding nurses but also reinforced the spirit of service and dedication towards society.











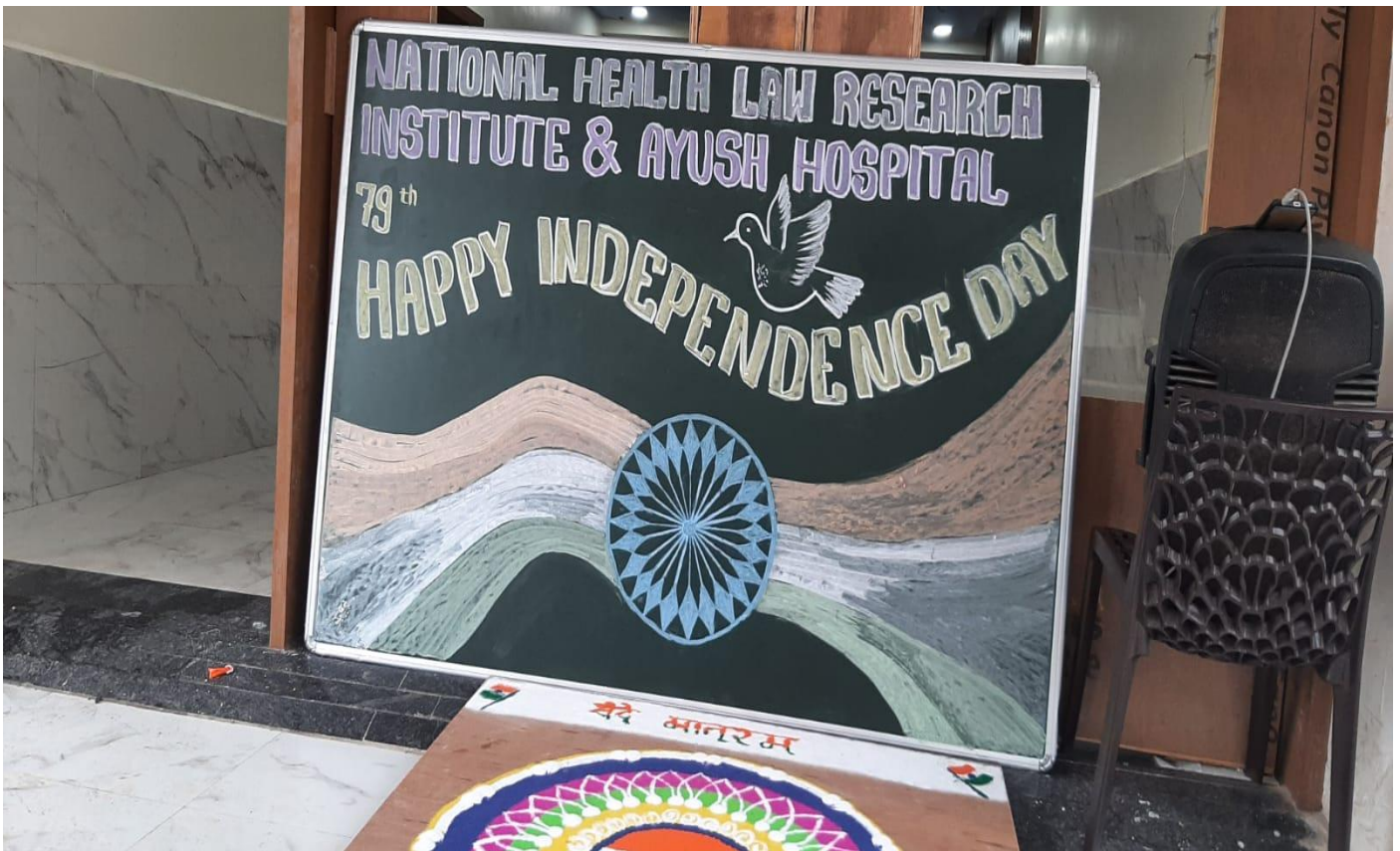
## Independence Day Celebration Report

Raigad Institute of Nursing Education, Murud-Janjira, Raigad celebrated the Independence Day with great enthusiasm and patriotic spirit on 15th August 2025. The programme commenced with the hoisting of the National Flag by Dr. Payal Rathod THO Murud Janjira, followed by the singing of the National Anthem with full respect and devotion.

Students and faculty members delivered speeches highlighting the importance of Independence and paid tribute to the freedom fighters who sacrificed their lives for the nation. Patriotic songs, cultural performances, and a skit on freedom struggle were presented by the students, which filled the atmosphere with national pride.

The principal addressed the gathering and emphasized the values of unity, discipline, and responsibility towards the nation. All teaching and non-teaching staff, along with students, actively participated in the programme and made the event memorable.

The celebration concluded with the distribution of sweets and a pledge to contribute towards the progress and development of the country.













RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA  
RAIGAD INSTITUTE OF NURSING EDUCATION MURUD RAIGAD

VANDE MATARAM SONG FOUNDATION DAY REPORT

The VANDE MATARAM SONG 150<sup>TH</sup> FOUNDATION DAY at **Raigad Institute of Nursing Education, Murud**, was conducted with immense pride and enthusiasm. The program began with the ceremonial singing of the national patriotic song “**Vande Mataram.**” Students, faculty members, and staff joined together to render the song, creating an atmosphere filled with devotion, unity, and respect for the motherland.

The event continued with a brief address by faculty members, who highlighted the vision, growth, and accomplishments of the institute since its inception. The significance of Foundation Day in building institutional culture and values was emphasized.

Students showcased active participation and discipline throughout the program. The enthusiastic singing of “Vande Mataram” set a vibrant tone for the celebration, leaving a sense of pride among all attendees. The Foundation Day concluded with gratitude and a renewed commitment toward academic excellence and professional values.





343° N  
Murud rural  
Janjira  
Maharashtra  
Altitude: 46.0msnm  
Speed: 0.0km/h  
#Raigad Institute of Nursing Education Murud Janjira District Raigad.  
7 Nov 2025 12:16:35 pm



RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA'S  
RAIGAD INSTITUTE OF NURSING EDUCATION MURUD

INDIAN CONSTITUTION DAY CELEBRATION REPORT

Raigad Institute of Nursing Education, Murud celebrated **Constitution Day** on **26th November** with great enthusiasm and respect to mark the adoption of the Constitution of India. The program was organized to create awareness among nursing students about constitutional values, fundamental rights, duties, and democratic principles.

The celebration began with a **welcome address**, followed by the **reading of the Preamble of the Indian Constitution** by students and faculty members. The importance of Constitution Day and the contribution of **Dr. B. R. Ambedkar**, the chief architect of the Indian Constitution, were highlighted through a brief speech.

Students actively participated in the program and listened attentively to the message on equality, justice, liberty, and fraternity. Faculty members encouraged students to follow constitutional values in their professional and personal lives, especially in healthcare services.

The program concluded with a **vote of thanks**. The celebration successfully instilled a sense of patriotism, responsibility, and respect for the Constitution among students and staff.



SPEECH BY GUEST DR. ANIL KUMAR GOSWAMI



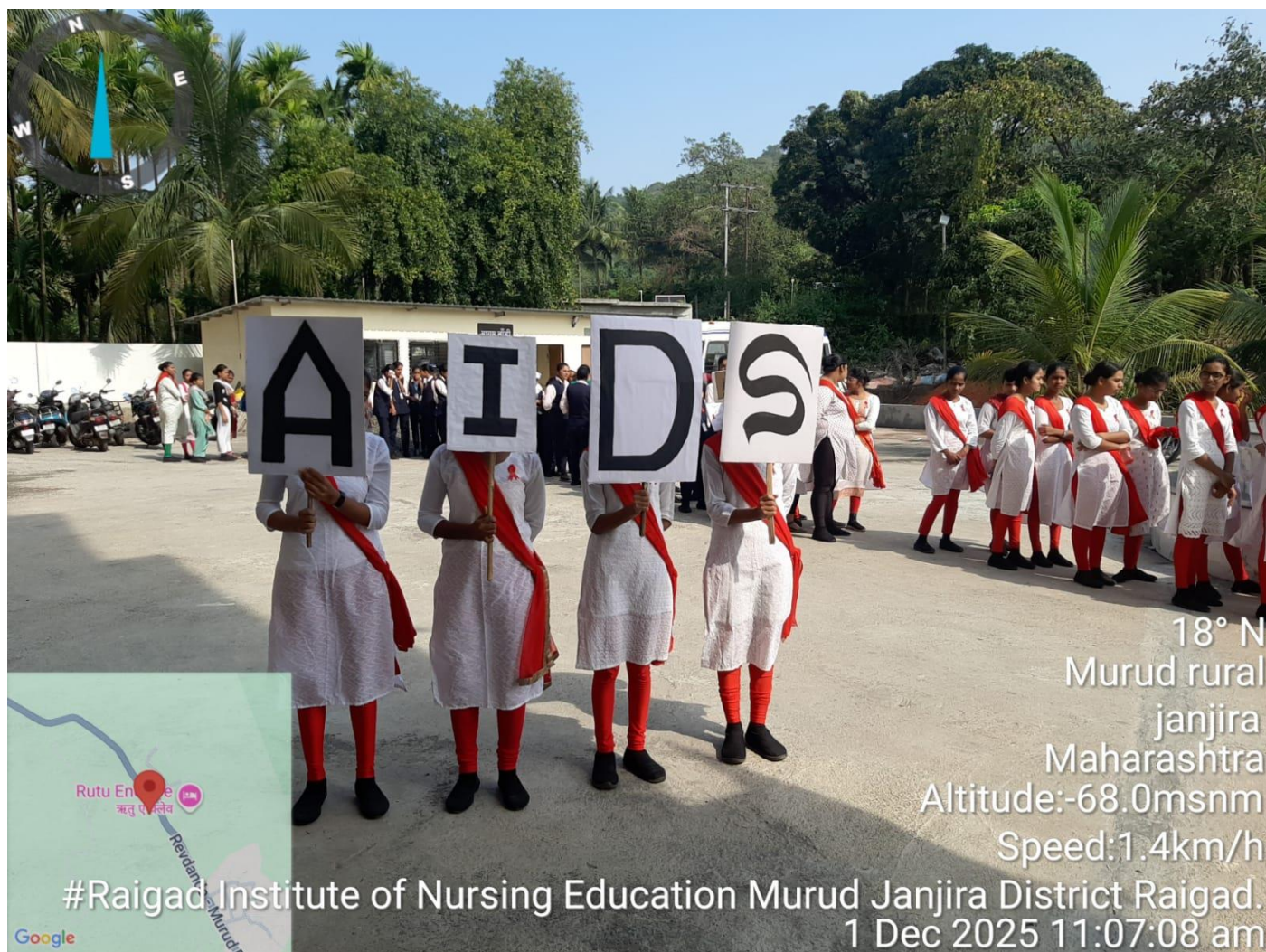


### WORLD AIDS DAY RALLY.

**Raigad Institute of Nursing Education, Murud** organized a **World AIDS Day Rally** on **1st December** to create awareness about **HIV/AIDS** among the public. Nursing students and faculty actively participated in the rally.

Students carried **plash cards and banners** with awareness messages and educated people about **modes of transmission, prevention, and the importance of early testing**. **Red ribbons** were distributed to symbolize support for people living with HIV/AIDS.

The rally conducted in Nandgaon community area, Koli Wada Adivasi area and it helped in spreading awareness, reducing stigma, and promoting positive attitudes towards HIV/AIDS. The program was successfully conducted with active community participation.



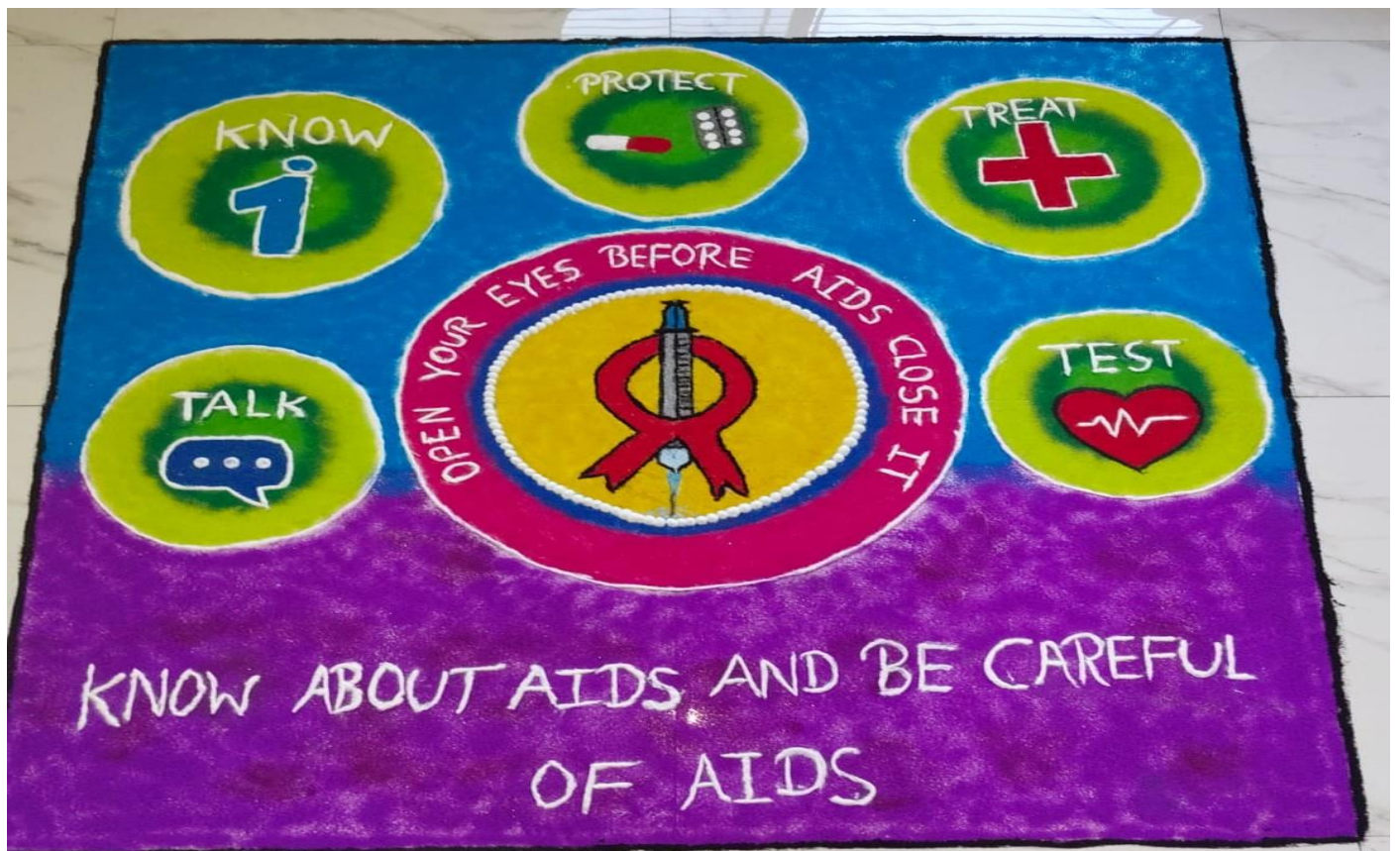


















## REPUBLIC DAY CELEBRATION REPORT.

Raigad Institute of Nursing Education celebrated the **Republic Day of India** with great pride, enthusiasm, and patriotic spirit on **26th January**. The programme was organized to commemorate the adoption of the Constitution of India and to instil national values among students.

The celebration began at **8:30 a.m.** with the **hoisting of the National Flag** by the respected Mr. Ranjit Goyal Cost Guard Murud and Dr Anil Kumar Goswami MD Ayush Hospital and Mr. Prakash Kumar Vice Principal and Mr. Gurupad Napik Lecturer and Mrs. Jayshri Dhiwar Matron and Dr. Gitanjali, followed by the **National Anthem**. All faculty members, non-teaching staff, and nursing students were present for the ceremony.

The principal addressed the gathering and highlighted the **importance of the Constitution**, fundamental rights and duties, and the role of healthcare professionals in nation-building. The speech motivated students to serve society with dedication, discipline, and compassion.

Students actively participated in the programme by presenting **patriotic songs, speeches, and cultural performances**, reflecting the unity and diversity of India. The performances created a sense of patriotism and respect for the freedom fighters who sacrificed their lives for the country.

The programme concluded with a **vote of thanks**, expressing gratitude to the management, staff, and students for their cooperation and enthusiastic participation. The celebration was successful and left a lasting impression of national pride and responsibility among all attendees.



















265° W  
Murud rural  
janjira  
Maharashtra  
Altitude:-56.0msnm  
Speed:0.0km/h

#Raigad Institute of Nursing Education Murud Janjira District Raigad.  
26 Jan 2026 9:06:07 am





## “CPD On Infection Control in Nursing Practice Report”

Raigad Institute of Nursing Education, Murud successfully organized a Continuing Professional Development (CPD) programme on 28/01/2026 the topic “Infection Control in Nursing Practice” to enhance professional knowledge and promote safe nursing practices.

The programme aimed to update participants on standard infection control measures, prevention of hospital-acquired infections, and the importance of maintaining patient and healthcare worker safety. The session emphasized evidence-based nursing practices and adherence to national and international infection control guidelines.

The resource person delivered an informative lecture covering topics such as hand hygiene, use of personal protective equipment (PPE), biomedical waste management, sterilization and disinfection, and prevention of cross-infection. The session also highlighted the nurse’s role in maintaining asepsis in clinical settings.

Active participation was observed through interactive discussions and question-answer sessions, which helped clarify practical aspects of infection control in day-to-day nursing practice. The programme was beneficial in strengthening clinical competence and awareness among participants.

The CPD programme concluded with a vote of thanks, acknowledging the efforts of the management, organizing committee, resource person, and participants. Overall, the programme was informative, effective, and contributed to professional development in nursing practice.



**RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA'S**  
**RAIGAD INSTITUTE OF NURSING EDUCATION**  
A/P-NANDGAON, TAL-MURUD-JANJIRA, DIST-RAIGAD, 402401  
(Approved by State Govt., INC New Delhi, MNC Mumbai, MUHS Nashik and MSBNPE Mumbai)

*In Collaboration With*

**MAHARASHTRA NURSING COUNCIL MUMBAI**

**CONTINUING NURSING EDUCATION - (CNE) 2026**

**ON**

**“INFECTION CONTROL IN NURSING PRACTICE”**

<u>PATRONS</u>	<u>SPEAKERS</u>
<p><b>DR. NOOTAN R. MALI</b> GNM, P.B. B. Sc (N), M. Sc (N), PhD, LL.B., BA, MA, DNHEA President – Rashtriya Arogya Nyaya Sanshodhan Sanstha, Director - Altus Good Health Private Limited, Nootan Medical &amp; Research Foundation, Light Year Studio Private Limited and Ayush Hospital, Principal – Raigad Institute of Nursing Education, Murud-Janjira, Ex. Member of MNC Mumbai Ex. BOS KIMS Karad &amp; Pravara Loni</p>	<p><b>DR. MAHADEO SHINDE</b> GNM, P.B. B. Sc (N), M. Sc (N), PhD Member of MNC, Mumbai Vice Principal – Krishna Institute of Nursing Sciences, Karad</p>
<p><b>DR. RAMLING B. MALI</b> GNM, P.B. B. Sc (N), M. Sc (N), PhD, LL.B., LL.M Secretary – Rashtriya Arogya Nyaya Sanshodhan Sanstha, President – MNC Mumbai, Member of INC New Delhi, BOS Member MUHS Nashik, Principal of INE, Ex. Special Metropolitan Magistrate Mumbai, &amp; PS Dombivali and Legal Advisor AIMS Hospital Dombivali</p>	<p><b>MR. PRALHAD GUNJAL</b> GNM, P.B.B. Sc (N), M.Sc, Nursing Assist. Prof. – Raigad Institute of Nursing Education, Murud-Janjira</p>
<p><b>DR. SNEHA A. PHASE</b> BDS, MDS, LLB Vice President – Rashtriya Arogya Nyaya Sanshodhan Sanstha, Director – Altus Good Health Private Limited and Ayush Hospital</p>	<p><b>MS. SHILPA BHOSALE</b> GNM, P.B.B. Sc (N), M.Sc. (N) Staff Nurse – Sir J. J. Group of Hospital, Mumbai</p>
<p><b>DR. RUTUJ R. MALI</b> MBBS, LLB Treasurer – Rashtriya Arogya Nyaya Sanshodhan Sanstha, Director - Altus Good Health Private Limited, Nootan Medical &amp; Research Foundation, Light Year Studio Private Limited and Ayush Hospital</p>	<p><b>MR. SHRIKANT ZAGADE</b> GNM, P.B.B. Sc Nursing Principal – Om College of Nursing Mahad</p>

**MNC OBSERVER: DR. TUKARAM ZAGADE**  
(Professor - Krishna Institute of Nursing Sciences, Karad)

**Date: 28<sup>th</sup> January 2026**      **Time: 9:00 AM to 3:00 PM**  
**Venue: Auditorium, Raigad Institute of Nursing Education, Nandgaon**





















MAHARASHTRA NURSING COUNCIL, MUMBAI

## *Certificate of Participation*

CONTINUOUS PROFESSIONAL DEVELOPMENT (CPD)

ORGANIZED BY

RASHTRIYA AROGYA NYAYA SANSHODHAN SANSTHA'S RAIGAD  
INSTITUTE OF NURSING EDUCATION MURUD RAIGAD

This is to certify that Mr./Ms. DR. NOOTAN RAMLING MALI  
bearing Registration No I-35998 XV-31685 has organized  
the Continuous Professional Development (CPD) on topic,  
Infection Control In Nursing Practice (RAIGAD, Dated : 28/01/2026)  
accredited by Maharashtra Nursing Council, Mumbai  
for 30 credit hours.

OBSERVER

ORGANIZING  
CHAIRPERSON

ORGANIZING  
SECRETARY

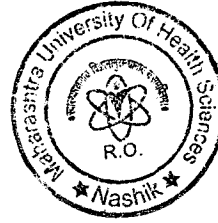


1 2 1 6 4 - 1 3 1 6 - 1 3 6 0 - 2 4 1 3





Time	Online Workshop Scheduled on 02/02/2026 details	
	Session	Speaker
03.05 PM to 03.15 PM	Orientation on Online Submission of TA/DA Bill	Finance & Accounts Officer, MUHS Nashik
03.15 PM to 04.00 PM	Conduct of Inspection & LIC Proforma - Part I for Nursing Colleges	Dean, Faculty of Nursing
04.00 PM to 04.10 PM	Question session	Dean, Faculty of Nursing



*[Signature]*  
29-01-26  
**Registrar**

Registrar  
Maharashtra University of Health Sciences,  
Nashik

**To,**  
The Dean/Principal  
Of All Affiliated UG and PG  
Nursing College/Institute  
MUHS, Nashik

**29 JAN 2026**

**Copy for Information:**

- 1) Hon'ble Vice-Chancellor's Office, MUHS, Nashik
- 2) The Registrar Office, MUHS, Nashik
- 3) The Dean, Faculty of Nursing, MUHS, Nashik
- 4) The Controller of Examinations, MUHS, Nashik
- 5) Finance & Accounts Officer, MUHS, Nashik
- 6) Dy. Registrar, Academic Department, MUHS, Nashik